



MENTAL HEALTH AND SUICIDE AWARENESS WORKSHOP

JULY 27th 10.30 am—1.30 pm

**St Laurence O'Tooles GAA CLUB
HOUSE**

**OPEN TO ANYONE OVER THE AGE OF
16**

**IF YOU WOULD LIKE TO ATTEND PLEASE
CONTACT HELLEN MELIA IN THE CLUBHOUSE TO
PUT YOUR NAME DOWN**

PHONE No. (01) 848 2641

EMAIL: admin@otoolesgac.ie

THIS WORKSHOP IS BEING RAN AS PART OF ST LAURENCE O'TOOLES HEALTH & WELL-BEING INNIATIVE , St Laurence O'Tooles aims to ensure that the health and wellbeing of club members and the wider community is at the core of everything we do